

### **Reality Check**

#### Is Al Living Up to Its Cybersecurity Promises?

Al is raising discussions about its responsible use, including challenges related to data security, privacy, accountability, and pervasive hype that can lead to fatigue.

Swimlane surveyed 500 cybersecurity decision-makers in the US and UK to illuminate the growing need for a balanced approach to Al adoption, one that addresses both the opportunities and risks associated with this technology.

# Is Al Making It Impossible to Balance Innovation and Confidentiality?



**70%** of organizations have protocols for sharing data with a public Large Language Model.

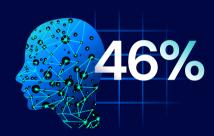


**74%** of organizations have individuals inputting sensitive data into a public Large Language Model.

#### Who Should Govern Al?



Only **28%** believe the government should be responsible for setting and enforcing guidelines.



**46%** believe the AI developer should be primarily responsible for harm caused by AI systems.

### Al Hype or Growth Engine?



76% believe the current market is saturated with Al hype.



55% are starting to feel fatigued by the constant focus of Al, while 31% disagree.

# Are Al Skills Essential to the Cyber Workforce?

86% said Al and Machine Learning experience is influencing hiring decisions.



# Will Al Adoption Fuel Efficiency Gains and Increased Budgets?



LLMs improved productivity and efficiency for their cybersecurity teams.



(current cybersecurity) budget allocated to Al solutions.



increase in the overall cybersecurity budget in 2025.

## Dual-Edged Nature of Al Technology While Al can enhance security and efficiency, it also brings significant risks that must

be managed carefully. By automating routine tasks and enhancing threat detection, Al empowers human experts to focus on complex and strategic challenges.